

## Three Steps for a Productive Golf Lesson

It's been many months now of weekly practice out there on the golf course taking shot after shot. Unfortunately you still haven't improved your handicap. Your short game is hopeless, driving inaccurate and you just can't sink a putt to save your life. What do you do? You decide to take a golf lesson or two. There are three main points that you need to take into consideration when it comes to choosing and getting the most out of your golf lessons. One, the choice of instructor, two coming prepared to the lesson and three, the expectations you must have of yourself after each lesson is finished.

**Instructor** Your golf lesson is a valuable investment of your time, energy and hard earned money. Therefore, the first step towards getting the most out of your golf lesson is locating and working with the right instructor. The pro at the golf shop may not necessarily be the right coach for you. Ask your fellow golfers for recommendations on who they may have heard is a good instructor or who they have personally used for a golf lesson. The next step is to find an instructor whose qualifications match your current level of play. In other words, you don't need a highly qualified instructor to teach you the basics of golfing. In addition, to gain the optimum benefits of your golf lesson, it is important that you are comfortable with your instructor's personality and style of teaching. A good personality and teaching style should consist of encouragement, patience and the challenging of the student in a positive manner. Finally, on choosing your instructor, make sure that the length of their availability matches the number of lessons you wish to take. There is nothing worse than going through this process, being comfortable with the instructor and then finding out that they are not available after the second or third lesson.

**Preparation** It is highly important that you come to each one of your lessons with a series of questions prepared. Take note after each round of the things you need the most help with. Take a scrapbook and jot down after every misplaced shot what exactly you did with your swing and how you felt when you played the stroke. It is extremely important that you practice everything you have been taught in between golf lesson sessions. This means that every time you go to a range or play out on a course you are constantly applying what you have been taught for every shot you make. Don't just think that by going to a few lessons, you will automatically start to play better. Finally, make sure that you are mentally prepared for the lesson to be given. Have all of your needed tools and equipment with you and remember that what we generally get out of something is in proportion to what we give.

**Your Own Expectations** At the conclusion of each lesson you should have reached some sort of goal or expectation that you had of yourself. Whether this means you found the answers to every one of the questions you had for your instructor or maybe you hit further than you've ever hit before. Whatever it is, just make sure you know beforehand so you have something to strive for. Constantly ask your instructor for feedback and make sure you tell him/her to be blunt with you right from the very beginning. Constructive criticism is very important if you want to see vast improvements in your game. Also, expect assignments and practice techniques that can be implemented to correct certain aspects of your golf game. Follow through on these assignments and practice these techniques as often as possible knowing that it is in practice we improve the skill level.

## About the Author

Dane Stanton is the owner of GolfShopReview.com which is an extensive review of the top Online Golf Shops on the internet. Find which course is best for you and your Game! <http://www.GolfShopReview.com>

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