

Tips To Improve Your Golf Swing

If there is one constant among non professional golfers it's the desire to continually work on methods and techniques to improve their game. Golf is unique in the fact that yes, you do pit your skills against other players whether during competition or a social game but think about it; who are you really competing against? Yourself, of course. If you want to shave strokes of your game, seek help to improve your golf swing. It's an area many neglect too often, getting into bad habits from the beginning and then wondering why they can't get off their 32 handicap. Improve Your Golf Swing Through Coaching Enlisting the services of a coach is a sensible approach to take if you are really serious about "knocking" several strokes off your score. A coach will not only teach you the proper technique including follow through, back lift, stance and handle grip but will analyse your every move, how you stand over a ball, what club to use for different occasions and generally pick up on any deficiencies you have. In fact, having someone watching you closely and determining your strengths and weaknesses is so vital in the overall scheme of things that it can't be understated. There are few golfers who possess the perfect game; that is, they are faultless in all facets of golf. But there are a multitude of golfers who for some reason excel in certain areas and this more often than not will compensate for any deficiencies they may have elsewhere. When a coach identifies where you're strongest and where you're weakest then you can get to work in capitalizing on your strengths and improving your weaknesses. Hiring a coach to improve your social game or teach you techniques to improve your golf swing during your initial foray into the sport doesn't need to last forever. In fact, for a three month coaching period, you should have a basic idea of what's required and then it's a matter of hitting the driving range and putting into practice what you have been taught. If there are times you feel you may not be doing something right then a quick refresher course from your coach is all that is required. It's amazing how many times I've heard golfers say they should have got the coaching when they first took up golf. Trouble for many non-professionals is that many will play the game first time on an invitation from a group of friends and before they know it, they become regular members for a weekly social hit out. Unless the rest of the group are proficient at the game, this will do nothing to improve your golf swing. Taking the next step and receiving some coaching; it doesn't take much, will see you improve your game significantly during the early stages. From there, depending on your level of commitment, you'll either progress and join club competition or you will just be happy to hit a round or two a week with your mates. Obviously this all depends on the addiction factor...what's that you ask? well, it's something left for another article...stay tuned!

About the Author

Dean Caporella is a professional broadcaster. Get the latest tips on how to [improve your golf swing](http://www.golffinfoline.com) by visiting: <http://www.golffinfoline.com>

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