

Learn How To Overcome Basic Golf Swing Problems

Mastering the art of the basic golf swing will go a long way to making you a better golfer. There's nothing new about that you say. Well, it's amazing how many golfers overlook this one simple fact, instead preferring to concentrate on other areas before they've laid the foundation to their game. Are You A Thinker? Get the basic golf swing right and you are well on your way to becoming a proficient golfer. One of the problems with players is that they think about their swing too much. That's an unusual statement to make I know but it's true. I always believe that thinking about your swing is fine when you are out on the practice fairway; that's when the analysis process should be taking place. It's when you need to think about how you're stance is, how you are gripping the club, how far back you draw the club, whether you need to play a full blooded shot or whether you need to use less backlift. On the golf course during an actual round, the thought process when teeing off for example, should be centered on where you are going to land the ball. At this stage, your swing motion should be basically committed to memory and if you have practiced it often enough, it should be a natural process. Teeing Off Thinking about it too much is going to get you into trouble. How many times have you teed up to play a shot and stood there thinking about whether you are going to hit the ball cleanly or are going to skew the ball either left or right or whether your feet are too close together etc. etc. You then begin to tense up and following your shot, you head off into the bushes to retrieve the ball while your playing partners are taking the short way to the green along the fairway. Think about instead, where you are going to land the ball. Where Do You Want To Land The Ball? One simple technique to try the next time you are on the practice fairway is to imagine where you want the ball to land. Identify your spot and then concentrate your thoughts on it. Forget about your swing for a moment and just imagine landing the ball on or near the spot on the fairway you've earmarked. It's not going to be an easy thing to do at first because all you'll want to think about is how you're going to swing the club. But with practice, it will become a natural progression in your game and one that will help you continue to improve. Golf can be a mind game; mind games if not controlled can wreck your overall progress. With the target technique, you will learn to think less about your swing and more about where you are going to land the ball. In time, it will help you too relax. The basic golf swing is the foundation of your game. Learn it and commit it to memory and then you can concentrate on improving other areas of your game.

About the Author

Dean Caporella is a professional broadcaster. Get free tips on the art of the [basic golf swing](#) along with the latest news and reviews in golf at: <http://www.golffonline.com>

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