

Beginners Golf Tips

You can safely say that golf tips are the thoughts you harbor in your subconscious mind as you swing that golf club of yours. At the end of the day what matters is how well the golf tips work, irrespective of where it came from - another player or a golf veteran or that indisputably terrific player you came across at your most recent golf vacation in Las Vegas. Our minds and bodies have their own unique system of working. When your mind is uncluttered then your body seems to work the best. This phrase means that you just let your body do its thing rather than trying to think through your actions. The trick is to train yourself to make this a custom and not an uncommon feat of achievement. Here comes the first tip. Learn how to switch off your mind and give permission to your body to swing without interrupting it consciously. Your body remembers how to swing it correctly, if you have successfully done that. A terrific way to materialize such a thing is to recall the time when you had achieved that fantastic swing. Visualize the scene in detail. Then remember how it felt. Mentally play it out in your inner eye and get back that wonderful feeling again. Now play it out. This is an easy, simple and effective exercise. Understand that a good grip is the first step towards playing good golf. For your performance on the course your golf grip is crucially of consequence. Most of the professional golfers have very similar golf grips. So keep your eyes open. You have to experiment to find the hand position that suits your individual style the best. It is something you must train yourself for. Being consistent is the most crucial thing. Stick with the grip once you land upon it through the trial and error method. Only when you hold the club exactly in a similar way every single time can you really tell whether your golf grip gives you the achieved outcome. Practice and learn to grip the golf club the same way whenever you play. So your second golf tip is to find out the golf grip that works best for you and continue with it. When you choose a club that always make sure to ask yourself, "How far must I back off of this swing?" the 75% rule works best. Make a $\frac{3}{4}$ backswing and follow through, concentrating on controlling the direction and distance of the shot. A club that is heavy will give you the force you need to improve your control and aiming the target. If you practice with heavier clubs then you will have the capacity to swing with more control since you will not be investing all your strength into it. You will see that you are making better contacts more and more with the $\frac{3}{4}$ swing and will now begin to hit the ball farther with that wonderful control in your swing than the full whack. The third golf tip is to play with a heavier club and lower your swing to 75%. This way you will get power and control that is much better.

About the Author

Reggie Dunn is a long time golfer and lover of the game. Get more information about golf at his blog, which can be found at [golf tip](#)

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