

Golf Swing- Learn It From Tiger Woods' Swing!

Tiger Woods undoubtedly is among the best Golf professionals who have dawned upon this sport during the last decade. His stature and level of golf makes it obvious for young golf enthusiasts to emulate his skills on the course. The Tiger Woods Golf Swing has been studied every now and then and it is quite common to see golfers everywhere trying to apply the same techniques to better their game. So if you wish to get that perfect swing going for you right when you want it, it will be an excellent idea to study Tiger Woods swing and duplicate it as well as you can. Tiger Woods makes efficient and frequent use of the full back swing to maximize his golf swing power, both to get the length off the tee as well as while driving in the fairways with the irons. To execute such efficient golf swing, one must pay heed to the exercises that Tiger Woods and others professional golf players do regularly to obtain good flexibility.

- Do right arm or left arm straight extensions. Extend the left arm if you play with right or extend the right if you play with the left.
- Put this extended hand on top of the perpendicular sitting golf club on the surface. Join the top of the club now with your other hand too.
- Now bend down your upper body a little, just enough to put pressure on the club. You must be able to feel your shoulders stretching while you do this.
- Remain in this posture for around 10 to 15 seconds.
- Now similarly do the follow through stretches with the opposite sides.

- You must precede your golf session with such exercise to obtain maximum distance and power during your swings. In fact it may be a good idea to stretch before any shot. Mentioned below are some of the more frequently applied golf swing tips followed by Tiger Woods regularly on the golf course:

- Hips don't lie! It is always observed that while you take the swing, the golf ball will inevitably fly in the direction in which your hips point after the follow through. Hence, it is very important to properly rotate your hips while taking the swing and be aware of their position.
- The golf swing speed can be increased considerably by turning your torso swiftly. You must not concentrate on your wrists, arms and shoulder alone while trying to optimize your speed. Your body must work in coordination as well.
- Make sure that your body is right above the ball while taking the golf swing. Your body must be still, firm and not shaking so as to obtain a strong center of gravity for that perfect golf swing like Tiger Woods!

- In order to emulate Tiger Woods golf swing in a copybook manner, you must get hold of some of his videos and study them in slow motion.

About the Author

Abhishek is an avid Golfer! Visit his website www.Golf-Skills.com and download his **FREE Golf Report "The Perfect Golfing Vacation"** to learn some amazing Golfing tips and tricks for FREE. Whether you are a Golf novice or a professional Golfer, you will find very valuable tips from his site. But hurry, only limited Free copies available! www.Golf-Skills.com

Source: <http://articlesongolf.com>