

Golf - Do Balls Make a Difference

What are the benefits of changing your golf balls? As there are continuing developments in all aspects of the sport, from the design of the golf clubs to the type of golf balls we use, it becomes all the more important that you use what's best for YOUR game, and that can even mean a change of the type of golf balls you use. To ensure consistency with your game you will need to use the same balls in practice that you intend to use when you are playing in tournaments. This is not quite so imperative when practicing at the driving range where you won't be expected to lose a bucketful of high dollar golf balls amongst the driving range hacks. You will need to use your preferred balls when practicing your short game, as the type of ball you use will determine the distance you can expect from your swing. You need to be assured that the practice swings you do in training, will equate with the same performance on the course. Golf balls have had more development than any other sports ball and that development continues to improve the quality of our game beyond what many golfers understand. You need to choose the ball that best suits your swing and this decision can have as big an impact on your game as choosing the correct golf clubs. There are three main categories of golf balls: The first and cheapest balls are the solid two-piece balls that consist of a hard shell covering an inner core. These balls are the best for beginners because they allow for less than perfect swings and they are easier on the pocket when they get lost in the rough or the water. The intermediate style balls are three piece or multi-layered. These are for more advanced players as they allow better control and the ability to add spin to the ball. The downside is the fact that the ball is softer, and a softer ball won't have the distance of the harder and cheaper balls. The high performance balls are for advanced players and offer the best of all options with more control and the ability to go the distance. These top-of-the-range balls are considerably more expensive and unless you can exploit their benefits the intermediate balls are probably a better option. So - if golf is only a nice hobby for you, there is no need to change the balls; but if you are an advanced player, it can be option to improve your game.

About the Author

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